



St Monica

September



Remember our Heroes

Monday	Tuesday	Wednesday	Thursday	Friday
	2	3	4	5
1 Happy Labor Day!!	Oven Fried Chicken Mashed Potatoes Sauted Green Beans Citrus Medley Milk or Juice	Pizza Day Homemade Varieties Garden Salad 1/2 Banana Fudge Brownie Milk or Juice	Homemade Lasagna Garlic Bread Stick Sauted Veggies Mini Fruit Muffin Milk or Juice	Chicken Noodle Soup Grilled Cheese Crispy Garden Salad Fruit Medley Milk or Juice
8	9	10	11	12
Soft Chicken Tacos Black Bean Salad Southwestern Slaw Fruit Sticks Milk or Juice	Lemon Chicken Broccoli/Rice Cass Carrots l'Orange Pineapple Bites Milk or Juice	Pizza Day Homemade Varieties Garden Salad 1/2 Banana Fudge Brownie Milk or Juice	Beef/Broc. Stir Fry Un-Fried Rice Chinese Veggie Blend Orange Wedges Milk or Juice	Baked Fish Sticks Baked Tater Barrels Crispy Appleslaw Hushpuppies Fruit Medley Milk or Juice
15	16	17	18	19
Spaghetti/Meatballs Caprese Vegetables Garlic Bread Sun Sweet Raisins Milk or Juice	Pineapple Ham Mac and Cheese Spring Peas Chilled Peaches Milk or Juice	Pizza Day Homemade Varieties Garden Salad 1/2 Banana Fudge Brownie Milk or Juice	Beef Noodle Cass. Texas Toast Steamed Broccoli Oatmeal Raisin Bar Milk or Juice	All American Burger Baked Potato Wedges Carrots/Ranch Fruit Salad Milk or Juice

Ala Carte Menu

Monday

Grilled Burgers	\$1.75
Chicken Club Salad	\$4.50

Tuesday

Chicken Tenders	\$2.75
Southwest Chicken Salad	\$4.50

Wednesday

Turkey Sub Sandwich	\$3.25
Black and Bleu Salad	\$4.50

Thursday

Pasta Bar	\$2.50
Asian Chicken Salad	\$4.50

Friday

Homemade Calzones	\$2.75
Chef's Salad	\$4.50

Hot Lunch Price

K-1 \$3.75 2-8 \$4.25

(Includes entree, vegetable, drink and dessert)
small salad may be substituted for vegetable offered on Hot Lunch

Daily

Items	
Sandwiches	\$1.85/3.25
Fresh Fruit	\$1.00
Salad Bar	\$.40/ounce
Variety Drinks	\$.65-\$2.00
Variety Snacks	\$.75-\$1.50
Baked Potato	\$1.85
Yogurt Parfait	2.00
Variety Salads	\$1.00-\$4.50
Ice Cream	\$.75-\$2.00
Freshly Baked Cookies	\$1.00

FOOD SERVICE DIRECTOR

LEA HILTON

214-358-2187

StMncaCath@dineritdrx.com

<p style="text-align: center;">22</p> <p>Baked Steak Fingers Creamed Potatoes Caprese Vegetables Chilled Pineapples Milk or Juice</p>	<p style="text-align: center;">23</p> <p>Chicken Enchiladas Spanish Rice Mexican Coleslaw Apples/Yogurt Dip Milk or Juice</p>	<p style="text-align: center;">24</p> <p>Pizza Day Homemade Varieties Garden Salad 1/2 Banana Fudge Brownie Milk or Juice</p>	<p style="text-align: center;">25</p> <p>Orange Chicken over Basmati Rice Stir Fried Veggies Fruit Medley Milk or Juice</p>	<p style="text-align: center;">26</p> <p>Early Release Fair Day No Lunch</p>
<p style="text-align: center;">29</p> <p>Baked Ziti Sautéed Zucchini Garden Salad Melon Bites Milk or Juice</p>	<p style="text-align: center;">30</p> <p>Lean Beef Tips Over Steamed Rice Winter Blend Veggies Muffin Bar Milk or Juice</p>			