

St. Monica		January, 2010		
				Fri, Jan 1 Happy New Year's
Mon, Jan 4 Beef Enchilada Vegetarian Frijoles Spanish Rice Pineapple Bites Milk/ Juice/ Water	Tue, Jan 5 Scrambled Eggs French Toast Melon Bites Yogurt Milk/ Juice/ Water	Wed, Jan 6 Pizza Side Salad 1/2 Banana Brownie Milk/ Juice/ Water	Thu, Jan 7 Spaghetti & Meatballs Fresh Broccoli Garlic Bread Stick Orange Wedges Milk/ Juice/ Water	Fri, Jan 8 Tomato Soup Grilled Cheese on WW Mixed Vegetable Fresh Fruit Medley
Mon, Jan 11 Chicken Casserole Glazed Carrots Hot Yeast Roll Fresh Apple Milk/ Juice/ Water	Tue, Jan 12 BBQ Sandwich Baked Potato Wedges Mixed Vegetable Pineapple Bites Milk/ Juice/ Water	Wed, Jan 13 Pizza Side Salad 1/2 Banana Brownie Milk/ Juice/ Water	Thu, Jan 14 Healthy Taco Soup Fresh Broccoli Whole Wheat Roll Orange Wedges Milk/ Juice/ Water	Fri, Jan 15 Turkey Frank Ranch Beans Supreme Vegetable Slaw Fresh Fruit Medley Milk/ Juice/ Water
Mon, Jan 18 MARTIN LUTHER KING DAY	Tue, Jan 19 Turkey Tetraxini Fresh Broccoli Hot Yeast Roll Chilled Applesauce Milk/ Juice/ Water	Wed, Jan 20 Pizza Side Salad 1/2 Banana Brownie Milk/ Juice/ Water	Thu, Jan 21 Meat Lasagna Fresh Sauteed Zucchini Garlic Bread Stick Orange Wedges Milk/ Juice/ Water	Fri, Jan 22 Quesadilla Vegetarian Frijoles Spanish Rice Fresh Fruit Medley Milk/ Juice/ Water
Mon, Jan 25 Chicken Teriyaki Stir Fried Rice Asian Blend Veggies Pineapple Bites Milk/ Juice/ Water	Tue, Jan 26 BBQ Sandwich Baked Potato Ranch Beans Fresh Apple Milk/ Juice/ Water	Wed, Jan 27 Pizza Side Salad 1/2 Banana Brownie Milk/ Juice/ Water	Thu, Jan 28 Beef Stew Side Salad Hot Homemade Cornbread Chilled Applesauce Milk/ Juice/ Water	Fri, Jan 29 Vegetable Beef Soup Twice Baked Potato Side Salad Fresh Fruit Medley Milk/ Juice/ Water

DINERITE WISHES YOU A BLESSED AND FULLFILLING NEW YEAR
WELCOME BACK
Ala Carte Items

M	T	W	T	F
Chicken Tender* (2.75)	Hamburger (1.85)	Cheese Sticks (2.50)	Meatball Sub (3.25)	Calzone (3.00)
Chicken Salad Cold Plate (4.50)	Chicken Club Salad (4.50)	Southwestern Chicken Sala (4.50)	Asian Chicken Salad (4.50)	Veggie Sub(3.00)
DAILY				
Variety Salads(1.00-5.00)	Variety Drinks(.75-1.50)	Salad Bar(.40 per oz)	Baked Potato(1.85-2.35)	Variety Snacks(1.00-1.25)
Taco(1.25)	Taco Salad(3.50)	Variety Sandwiches(1.85-3.50)	Variety Wraps(3.25-4.50)	Cookie (1.00)
StMncaCath@dineritedx.com	Susanne Johnson	214-358-2187	PK-1 Hot Lunch (3.75)	2-8 Hot Lunch (4.25)

